

Saddle Brook Junior Wrestling

PLEASE TAKE NOTE OF THESE IMPORTANT ANNOUNCEMENTS

- **BIRTH CERTIFICATES:** **COPIES** OF BIRTH CERTIFICATES ARE REQUIRED FROM ALL **NEW WRESTLERS**. **NO ORIGINALS PLEASE! PROVIDE AT FIRST PRACTICE IF YOU DID NOT PROVIDE AT REGISTRATIONS.** WRESTLERS THAT DON'T PROVIDE BIRTH CERTIFICATES BY THE FIRST PRACTICE WILL NOT BE ALLOWED TO PRACTICE UNTIL CERTIFICATES ARE RECEIVED.

- **PRACTICE:** ALL PRACTICES ARE AT FRANKLIN SCHOOL ON TUESDAYS, WEDNESDAYS, AND THURSDAYS UNLESS OTHERWISE ADVISED. THE FIRST WEEK PRACTICE SCHEDULE IS AS FOLLOWS:

FIRST PRACTICE (ALL WRESTLERS)

- * TUESDAY, NOVEMBER 8, 2011 FROM 7:00 - 8:30 P.M.
- * HEAD GEAR DISTRIBUTED
- * WEIGHT CHECKED

NEXT PRACTICE WILL BE ON WEDNESDAY, NOVEMBER 9, 2011. ***SPLIT SESSIONS BEGIN.***

REMAINING PRACTICES ARE AS FOLLOWS: (Practice times are subject to change)

6:30 PM – 7:45 PM: 6U/SUB BANTAMS AND 8U/BANTAMS AND 10U/MIDGETS (AGES 5 - 10)

7:30 PM - 9:00 PM: 12U/JUNIORS AND 14U/INTERMEDIATES (AGES 11 - 14)

ALL WRESTLERS MUST BE ***READY TO PRACTICE*** AT THE START TIMES INDICATED.

ALL AGES ARE AS OF DEC. 31, 2011

12U/JUNIORS AND 14U/INTERMEDIATES: DO NOT ARRIVE EARLIER THAN 7:20 PM

- **INCLEMENT WEATHER**
IF SCHOOL IS CANCELED FOR THE ENTIRE DAY, OR CLOSES EARLY DUE TO INCLEMENT WEATHER OR FOR ANY OTHER REASON, THERE WILL BE NO PRACTICE THAT DAY.
- **HEADGEAR**
ALL WRESTLERS WILL BE PROVIDED HEADGEAR AT THE FIRST PRACTICE. HEADGEAR IS **MANDATORY** AT ALL PRACTICES, MATCHES AND TOURNAMENTS.
- **CODE OF CONDUCT**
AS PER THE TOWNSHIP, **ALL** PARENTS OR GUARDIANS THAT WILL BE ATTENDING PRACTICES, MATCHES, OR TOURNAMENTS MUST SIGN THE ACKNOWLEDGEMENT FORM. THIS FORM WILL BE DISTRIBUTED WHEN PRACTICE BEGINS.